

Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
1		1	00:36:23	Michaelis, Fabian	191		ASV Wesseling	1994	1	MHK	03:38,3
2		2	00:36:41	Pesch, Claus	128		LG Donatus Erftstadt	1970	1	M45	03:40,1
3		3	00:38:00	Feider, Daniel	67		Sportlich-Team Bornheim	1983	1	M30	03:48,0
4		4	00:38:30	Hennes, Frank	190		Sportlich-Team Bornheim	1970	2	M45	03:51,0
5		5	00:38:43	Offizier, Hardy	312		Brühler TV 1879	1968	3	M45	03:52,3
6		6	00:39:08	Neugebauer, Christoph	207		LV Oelde	1978	1	M35	03:54,8
7		7	00:39:28	Wettermann, Claas	321		Sturmvogel Bonn	1968	4	M45	03:56,8
8		8	00:39:33	Heimerzheim, Anno	91		Sportlich-Team Bornheim	1975	1	M40	03:57,3
9		9	00:39:53	Grabe, Leonhard	129		SSF Bonn	1990	2	MHK	03:59,3
10		10	00:39:57	Hörstemeier, Stefan	322		TVWitzhelden	1977	2	M40	03:59,7
11		11	00:40:02	Sommer, Daniel	303			1974	3	M40	04:00,2
12		12	00:40:12	Reuter, Peter	95		Team Blaschke	1966	1	M50	04:01,2
13		13	00:40:34	Messing, Marcel	279		Selbstläufer Swisttal	2001	1	MJ U18	04:03,4
14		14	00:40:37	Riemann, Michael	184		TV Ollheim	1970	5	M45	04:03,7
15		15	00:40:52	Messner, Michael	149		Brühler TV 1879	1962	1	M55	04:05,2
16	W	1	00:40:56	Michaelis, Svenja	325			1989	1	WHK	04:05,6
17		16	00:41:07	Jasper, Michael	228		Sportlich-Team Bornheim	1968	6	M45	04:06,7
18		17	00:41:38	Voß, Udo	318			1973	4	M40	04:09,8
19		18	00:41:55	Grömping, Moritz	287			1996	3	MHK	04:11,5
20		19	00:42:09	Thelen, Alexander	175		Polizei Köln	1986	2	M30	04:12,9
21		20	00:42:17	Altheide, André	221		SSF Bonn Triathlon	1970	7	M45	04:13,7
22		21	00:42:25	Gebhardt, Jens	294			1977	5	M40	04:14,5
23		22	00:42:32	Stolz, Nico	288		ASC	1979	2	M35	04:15,2
24		23	00:42:45	Wachendorf, Sebastian	58		SSF Bonn	1980	3	M35	04:16,5
25		24	00:42:55	Bollig, Peter	63		Meckenheim	1966	2	M50	04:17,5
26		25	00:43:18	Pilzecker, Patrick	200		TVWitzhelden	1970	8	M45	04:19,8
27		26	00:43:22	Lampe, Matthias	147		Sportlich-Team Bornheim	1960	2	M55	04:20,2
28		27	00:43:22	Bruns, Michael	125		Alfter	1973	6	M40	04:20,2
29		28	00:43:54	Clever, Frank	300		FC Deutsche Post	1966	3	M50	04:23,4
30		29	00:44:02	Stock, Ralf	320			1979	4	M35	04:24,2
31		30	00:44:03	Höning, Michael	324		1879 Worms-Horchheim	1989	4	MHK	04:24,3
32		31	00:44:23	Wagner, Erwin	314		LT SV Westum	1955	1	M60	04:26,3
33		32	00:44:26	Gäntgen, Peter	219		Sportlich-Team Bornheim	1962	3	M55	04:26,6
34		33	00:44:46	Otten, Ingo	305			1970	9	M45	04:28,6
35		34	00:45:00	Manthei, Christian	157		ERGO sports Köln	1962	4	M55	04:30,0
36		35	00:45:47	Laute, Falk	153		Bonn	2001	2	MJ U18	04:34,7
37		36	00:46:17	Messing, Uli	281		Selbstläufer Swisttal	1970	10	M45	04:37,7
38		37	00:46:24	Henseler, Markus	86		Sportlich-Team Bornheim	1973	7	M40	04:38,4
39		38	00:46:25	Sieghart, Michael	163		Sportlich-Team Bornheim	1984	3	M30	04:38,5
40		39	00:46:32	Oeynhaus, Philipp	105		Bonn	1986	4	M30	04:39,2
41	W	2	00:46:40	Prediger, Kristina	220		LG Donatus Erftstadt	1974	1	W40	04:40,0
42		40	00:46:42	Ebert, Dieter	223		Sportlich-Team Bornheim	1954	2	M60	04:40,2
43		41	00:46:42	Nolden, Sebastian	43		SV Germania Impekoven	1982	5	M35	04:40,2
44		42	00:47:03	Fritzen, Theo	146		Sportlich-Team Bornheim	1963	4	M50	04:42,3
45	W	3	00:47:05	Höning, Klara	323			1988	2	WHK	04:42,5
46		43	00:47:08	Herter, Andreas	165		Sportlich-Team Bornheim	1969	11	M45	04:42,8
47		44	00:47:12	Müller-Diesing, Corsin	131		St.Seb.Brenig Sommerbiat	1965	5	M50	04:43,2
48		45	00:47:16	Wallmeroth, Jörg	293		Sportlich Team Bornheim	1969	12	M45	04:43,6
49		46	00:47:31	Rawe, Klaus	319		Fronrunner Cologne	1968	13	M45	04:45,1
50		47	00:48:15	Blüher, Klaus	231		LT SV Westum	1950	1	M65	04:49,5
51		48	00:48:41	Ody, Rodger	119		TuS 1905 Arloff-Kirspenich	1966	6	M50	04:52,1
52		49	00:48:44	Doerner, Ditmar	96		Sportlich-Team Bornheim	1965	7	M50	04:52,4
53	W	4	00:49:10	Reslo, Susanne	168		TSV Bayer Leverkusen	1971	1	W45	04:55,0
54		50	00:49:13	Förster, Dirk	206		VCS Köln	1963	8	M50	04:55,3
55		51	00:49:14	Schreiner, Maximilian	65		Sportlich-Team Bornheim	2003	1	MJ U16	04:55,4
56		52	00:49:14	Brachmann, Stephan	27		Erftstadt	1975	8	M40	04:55,4

Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
57		53	00:49:18	Bregenstroth, Lars	155		Bonn	1975	9	M40	04:55,8
58	W	5	00:49:20	Van Der Koelen, Laura	195		Sportlich-Team Bornheim	1988	3	WHK	04:56,0
59	W	6	00:49:49	Augustin, Stephanie	248			1978	1	W35	04:58,9
60	W	7	00:49:52	Offizier, Silke	285		Brühler TV 1879	1976	2	W40	04:59,2
61		54	00:49:52	Wauquier, Marco	289		Sportlich Team Bornheim	1973	10	M40	04:59,2
62		55	00:49:54	Henselder, Dieter	222		Sportlich-Team Bornheim	1952	2	M65	04:59,4
63		56	00:50:04	Wilhelm, Ulrich	238		TV Altendorf-Ersdorf	1955	3	M60	05:00,4
64		57	00:50:22	Göbel, Harald	142		SSF Bonn	1990	5	MHK	05:02,2
65	W	8	00:50:59	Berk, Barbara	181		Melpomene Bonn	1947	1	W70	05:05,9
66	W	9	00:51:02	Carstens, Evelyn	236		Bonn	1971	2	W45	05:06,2
67		58	00:51:10	Schreiner, Frank	66		Alfter	1967	9	M50	05:07,0
68		59	00:51:30	Hartnauer, Jörg	311		Team Magenta	1983	5	M30	05:09,0
69		60	00:51:52	Polchow, Dirk	313			1965	10	M50	05:11,2
70	W	10	00:51:56	Kersting, Nicole	224		Alfter	1969	3	W45	05:11,6
71		61	00:52:09	Holstein, Thomas	307			1961	5	M55	05:12,9
72		62	00:52:11	Seipp, Volker	172		PMPG	1971	14	M45	05:13,1
73	W	11	00:52:57	Hensch, Andrea	139		Sportlich-Team Bornheim	1969	4	W45	05:17,7
74		63	00:53:00	Schultz, Eike	73		Alfterer SC	1972	15	M45	05:18,0
75		64	00:53:00	Schäfer, Jürgen	111		FC-Straße	1970	16	M45	05:18,0
76	W	12	00:53:00	Schultz, Dörte	74		Alfterer SC	1974	3	W40	05:18,0
77		65	00:53:06	Breuer, Michael	42		Erfstadt	1965	11	M50	05:18,6
78	W	13	00:53:06	Horst, Tanja	225		Isi-Runner	1974	4	W40	05:18,6
79	W	14	00:53:10	Voss, Lina	317			2000	1	WJ U18	05:19,0
80	W	15	00:53:38	Wigger, Kristina	72		Sportlich-Team Bornheim	1966	1	W50	05:21,8
81		66	00:53:55	Basu, Kaustuv	52		Alfter	1976	11	M40	05:23,5
82		67	00:53:56	Baasch, Sebastian	70		Sportlich-Team Bornheim	1980	6	M35	05:23,6
83	W	16	00:53:57	Müller-Diesing, Johanna	132		St.Seb.Brenig Sommerbiat	2000	2	WJ U18	05:23,7
84	W	17	00:54:18	Friederich, Claudia	8		Bornheim	1974	5	W40	05:25,8
85	W	18	00:54:19	Clemens, Sarah	6		Alfter	1975	6	W40	05:25,9
86		68	00:54:19	Clemens, Dirk	7		Alfter	1971	17	M45	05:25,9
87		69	00:54:38	Ellinghaus, Leon	245			1984	6	M30	05:27,8
88		70	00:55:12	Kuhlmey, Matthias	106		Bonn	1964	12	M50	05:31,2
89	W	19	00:55:17	Crewell, Susanne	315		Melpomene Bonn	1964	2	W50	05:31,7
90		71	00:55:57	Röhrig, Ralf	299			1962	6	M55	05:35,7
91	W	20	00:56:04	Frings, Petra	94		Neunkirchen-Seelscheid	1980	2	W35	05:36,4
92		72	00:56:13	Kremer, Roger	99		Mönchengladbach	1974	12	M40	05:37,3
93	W	21	00:56:24	Beckmann, Ursula	327			1963	3	W50	05:38,4
94	W	22	00:56:36	Stacker, Susanne	26		Erfstadt	1979	3	W35	05:39,6
95	W	23	00:57:02	Wauquier, Juliane	291		Sportlich Team Bornheim	1973	7	W40	05:42,2
96	W	24	00:57:06	Szilat, Marlene	81		Rheinbach	1997	4	WHK	05:42,6
97	W	25	00:57:06	Wachter, Lara Milena	82		Meckenheim	1998	1	WJ U20	05:42,6
98	W	26	00:57:08	Hampel, Martina	210		Wadersloher Trio	1978	4	W35	05:42,8
99	W	27	00:57:23	Klee, Stefanie	310		Melpomene Bonn	1961	1	W55	05:44,3
100		73	00:57:32	Hermann, Daniel	243		Care	1980	7	M35	05:45,2
101	W	28	00:57:33	von der Dellen, Katrin	242		Care	1980	5	W35	05:45,3
102		74	00:57:43	Domjahn, René	148		SSF Bonn	1991	6	MHK	05:46,3
103		75	00:57:46	Titze, Thomas	87		Team Erdinger Alkoholfrei	1966	13	M50	05:46,6
104	W	29	00:57:48	Roos, Mirka	188		Sportlich-Team Bornheim	1976	8	W40	05:46,8
105	W	30	00:57:51	Herter, Sabine	166		Sportlich-Team Bornheim	1970	5	W45	05:47,1
106		76	00:57:51	Montenarh, Wilfried	150		Sportlich-Team Bornheim	1964	14	M50	05:47,1
107		77	00:57:52	Reitler, Michael	133		Bonn	1986	7	M30	05:47,2
108	W	31	00:58:13	Kübbeler, Carola	50		Bornheim	1993	5	WHK	05:49,3
109		78	00:58:19	Schneider, Hans	176		Ig-rheinbach	1942	1	M75	05:49,9
110		79	00:58:22	Jacoby, Georg	197		TV Altendorf-Ersdorf	1964	15	M50	05:50,2
111	W	32	00:58:46	Göbel, Heike	306		SSF Bonn	1958	2	W55	05:52,6
112	W	33	00:58:47	Schwandt, Kordula	230		SV Aktiv 2010	1958	3	W55	05:52,7

Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
113	W	34	00:59:00	Gassen, Christiane	232		LT SV Westum	1959	4	W55	05:54,0
114	W	35	00:59:04	Grobe, Nicole	208		LG Donatus Erftstadt	1966	4	W50	05:54,4
115		80	00:59:04	Vogg, Michael	214		SSF Bonn Triathlon	1962	7	M55	05:54,4
116		81	00:59:10	Bock, Friedhelm	301			1963	16	M50	05:55,0
117	W	36	00:59:13	Tentler, Nicole	37			1973	9	W40	05:55,3
118		82	00:59:38	Zieger, Wendel	283			1958	8	M55	05:57,8
119	W	37	00:59:38	Kern, Svenja	237		Sportlich-Team Bornheim	1964	5	W50	05:57,8
120		83	01:00:45	Konrad, Andre	247			1986	8	M30	06:04,5
121	W	38	01:00:45	Vitus, Katrin	78		Bonn	1973	10	W40	06:04,5
122	W	39	01:01:06	Henseler, Stephanie	85		Sportlich-Team Bornheim	1974	11	W40	06:06,6
123		84	01:01:50	Geller, Fabian	171		PMPG	1988	7	MHK	06:11,0
124		85	01:02:11	Schlengermann, Udo	302		Team Voreifel	1942	2	M75	06:13,1
125	W	40	01:02:48	Wollenweber, Jelena	246			1987	1	W30	06:16,8
126	W	41	01:03:00	Breuer, Carola	41		Erftstadt	1965	6	W50	06:18,0
127		86	01:03:34	Müller, Hubert	278			1937	1	M80	06:21,4
128	W	42	01:07:39	Seipp, Sabine	173		PMPG	1973	12	W40	06:45,9
129	W	43	01:11:13	Klinkhammer, Atih	34		Alfter	1964	7	W50	07:07,3
130	W	44	01:12:08	Bauz, Julietta	308			1992	6	WHK	07:12,8
131	W	45	01:12:08	Höpfer, Heike	114		Swisttal	1966	8	W50	07:12,8
132	W	46	01:12:09	Bauz, Anke	309			1964	9	W50	07:12,9
133		87	01:13:21	Mesel, Dietrich	198		TVWitzhelden	1942	3	M75	07:20,1
134		88	01:13:51	Jäger, Harry	201		TVWitzhelden	1951	3	M65	07:23,1
135	W	47	01:15:28	Olejniczak, Claudia	178		SSF Bonn	1965	10	W50	07:32,8
136	W	48	01:15:30	Hanenkamp, Claudia	218		SSF Bonn	1961	5	W55	07:33,0
137	W	49	01:16:09	Watzling, Thea	115		LT TuS Lonnig	1948	1	W65	07:36,9